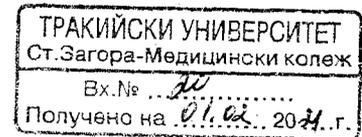


TO THE DIRECTOR OF THE MEDICAL COLLEGE  
TO THE THRACIAN UNIVERSITY, STARA ZAGORA  
PROF. Dr. ANNA TOLEKOVA, MD, PhD



### OPINION

by Prof. Dr Daniel Kostov, MD, PhD, DSc, MPH  
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**According:** a competition procedure for awarding the academic position "Associate Professor" in the high education area 7. Health care and sport, professional field 7.1. Medicine, scientific field "Orthopaedic and Traumatology" for the needs of the specialty "Physiotherapy" at the Medical College at Trakia University of Stara Zagora.

#### Information regarding the competition

The competition for the academic position "Associate Professor", announced in State Gazette, issue № 86/06.10.2020, as well as on the website of the Trakia University-Stara Zagora. With order of the Rector № RD - 3182/01.12.2020 i was authorized as a member of the Scientific Committee and i was chosen to write an opinion regarding the procedure for holding the academic position "associate professor" with one participant, Dr. Tabet Ahmed Al-Sadek, MD, PhD.

#### Background

Dr. Tabet Ahmed Al-Sadek, MD, PhD graduated in Medicine in 1989. at the Medical University, Stara Zagora. The candidate acquired the specialty "Orthopedics and Traumatology" in 1993. In 2004 defended his dissertation and obtained the scientific-educational degree "PhD", majoring in "Orthopedics and Traumatology". In 2018 Tabet Ahmed Al-Sadek, MD, PhD holds a Master's degree in Public Health and Health

Management from the Medical University, Sofia, Faculty of Public Health. From 2018 until now, the candidate has held the position of Director of Medical Activity at Belhoul European Hospital, Dubai (United Arab Emirates) and until now he is a Consultant in Orthopedics and Traumatology and Head of the Department of Orthopedics and Traumatology at Belhoul European Hospital, Dubai (United Arab Emirates). The candidate speaks fluently Bulgarian and Arabic as well as English and Russian at very good level.

I. Scientific and Research activity

In this competition Dr. Tabet Al-Sadek, MD, PhD participates with 1 monograph and 24 scientific publications. Five (5) of the candidate's published works have been published in peer-reviewed and indexed scientific journals, and thanks to their impact rank (SJR) the candidate receives 116.1 points on indicator "D". The candidate is a lead author, 22 (91.6%) publications, and in the remaining 2 (8.3%) he is a second author, which determines his leading role in their development.

Dr. Tabet Al-Sadek, MD, PhD presented a list and evidence of a total of 4 citations identified in prestigious orthopedic journals such as "Injury" and "The Journal of Shoulder" and "Elbow Surgery".

For the needs of this competition, Dr. Tabet Al-Sadek, MD, PhD presented:

- A monograph entitled "Post-Traumatic Cubitus Varus in Children", published in English in 2020. In his monograph, the candidate addresses a topical issue of everyday orthopedic practice, namely post-traumatic varus in the elbow joint in children. These "rifle butt" deformities are the most common complication of supracondylar fractures in childhood. The monograph is illustrated with 61 figures and 2 tables, which makes it fascinating and interesting to read. I rate this monograph with 100 points.
- In the presented scientific papers Dr. Tabet Al-Sadek, MD, PhD presents in detail and analyzes the methods with intermittent pressure for the prevention of post-traumatic edema, allowing later surgical treatment after malleolar fractures (15,20,22,16).

- The candidate describes various techniques for atraumatic synthesis of a fracture of the neck of the humerus in childhood. Gives recommendations for diagnosis and conservative treatment and especially for its duration in neonatal epiphysiolysis of the proximal epiphysis of the humerus (7,23).
- Effective therapeutic behavior has been presented in rare cases of malleolar pseudarthrosis in children (22).
- Dr. Tabet Al-Sadek, MD, PhD for the first time in the Arab region presents a case of avascular necrosis of the navicular bone of the foot in a child (16).
- The applicant performs an analysis and points out the advantages of Beer's anesthesia in repositioning forearm fractures in an emergency (19).
- Teaching activity The total number of points of the candidate on indicator "G" is 305.

## II. Teaching activity

The candidate submitted a document showing that in 2005 and 2007 he was a consultant and taught medical students and trainee doctors as a senior assistant in the discipline of Orthopedics and Traumatology at Al-Shifa Hospital in Gaza City. Palestine. Dr. Tabet Al-Sadek, MD, PhD was not a doctoral reviewer.

## III. Continuing medical education

Dr. Tabet Al-Sadek, MD, PhD applies a reference for continuing medical education, including various qualification courses and clinical trials.

## IV. Surgical activity

Dr. Tabet Al-Sadek presents a report on its surgical activity for the last 3 years, which I find sufficient.

## V. Contributions

I accept the contributions of Dr. Tabet Al-Sadek, MD, PhD as sufficient and clearly articulated. The author's aspiration to achieve anatomical integrity and functional suitability has been achieved, which definitely burdens his contributions with scientific-theoretical scientific-applied character. The scientific asset of the

candidate fully corresponds to the needs of this competition, not only in quantity but also in quality. From the submitted self-assessment report for the implementation of the national minimum scientometric criteria, it is evident that Dr. Tabet Al-Sadek, MD, PhD covers and even exceeds the minimum requirements for the academic position of "associate professor» in accordance with existing Law for Scientific Development of the Academic Staff in Bulgaria (LSDASB) as well as the basic national requirements, as well as in accordance with Regulations at the Trakia University of Stara Zagora (Table 1).

Indicator groups	Required points for the academic position "Associate Professor Trakia University of Stara Zagora	Dr. Tabet Al-Sadek, MD, PhD
	Academic position „Assoc. Professor“	
A	50	50
B	-	-
C	100	100
D	200	305
E	50	60
F	15-40	40
<i>Total points</i>	440	505

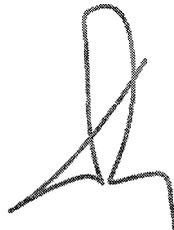
When analyzing the quantitative indicators of the candidate, I have the following remarks:

1. Dr. Tabet Al-Sadek , MD, PhD has not submitted separation protocols concerning the submitted publications;
2. In the research work of the candidate there are no participations in research projects that would further enrich his professional CV.

From the review of the tender documents of the candidate, the following conclusion can be made:

In conclusion, I believe that the scientometric indicators of Dr. Tabet Ahmed Al-Sadek, MD, PhD are sufficient in volume and fully cover all the requirements for holding the academic position of "Associate Professor". The candidate has serious experience

and experience in the field of "Orthopedics and Traumatology". In view of the abovementioned, I confidently give my positive vote of his election as "Associate Professor" and recommend to the members of the esteemed scientific committee to award Dr. Tabet Ahmed Al-Sadek, MD, PhD the academic position "Associate Professor" in the field of higher education; Professional field: 7.1. Medicine; Scientific specialty "Orthopedics and Traumatology" for the needs of the specialty "Physiotherapy" at the Medical College, Trakia University of Stara Zagora.



30.01.2021

Varna

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